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RSV hospitalisation burden in high-risk infants across two seasons of universal prophylaxis with nirsevimab: The NIRSE-GAL study

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RSV hospitalisation burden in high-risk infants across two seasons of universal prophylaxis with nirsevimab: **The NIRSE-GAL study**

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Conflict of Interest

Company / Name	Honoraria / Expense*	Consulting / Advisory Board	Funded Research	Royalties / Patent	Stock Options	Ownership / Equity Position	Employee
Astra-Zeneca	FMT	-	-	-	-	-	-
GlaxoSmithKline	FMT	FMT	-	-	-	-	-
Janssen	FMT	FMT	-	-	-	-	-
Medimmune	FMT	FMT	-	-	-	-	-
Moderna	FMT	FMT	-	-	-	-	-
MSD	FMT	FMT	-	-	-	-	-
Novavax	FMT	-	-	-	-	-	-
Novartis	FMT	-	-	-	-	-	-
Pfizer	FMT	FMT	-	-	-	-	-
Regeneron	FMT	-	-	-	-	-	-
Roche	FMT	-	-	-	-	-	-
Sanofi	FMT	FMT	-	-	JJ, RK, LPA	-	JJ, RK, LPA
Seqirus	FMT	FMT	-	-	-	-	-

*Honoraria paid to institution – principal investigator

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Background and Objective

2023



Galicia adopted a universal prophylaxis strategy against RSV in infants with nirsevimab¹

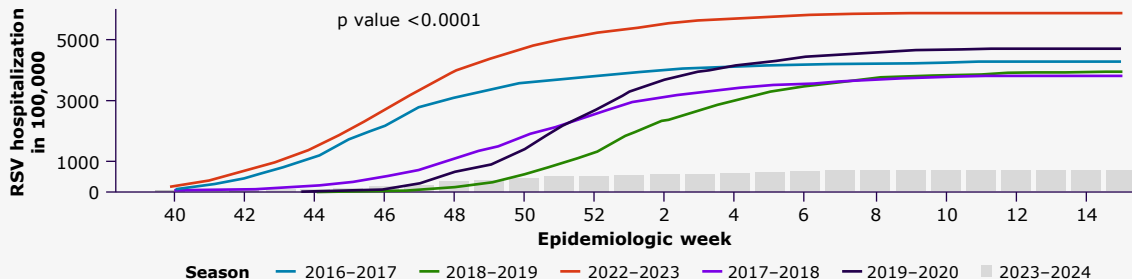
2024



The **NIRSE-GAL** study reported a substantial reduction in²:

- RSV-related LRTI hospitalizations in infants
- Severe RSV-related LRTI hospitalizations with oxygen requirement
- All-cause LRTIs

Cumulative RSV-related LRTI hospitalizations rate (per 100,000) in Galicia, by RSV season³



RSV causes a substantial burden in infants, particularly those with underlying conditions. Although most RSV LRTI hospitalisations occur in previously healthy children, infants with comorbidities have a markedly higher risk of severe disease



Infants with comorbidities present with **4x** higher PICU risk, longer hospital stay and higher mortality⁴

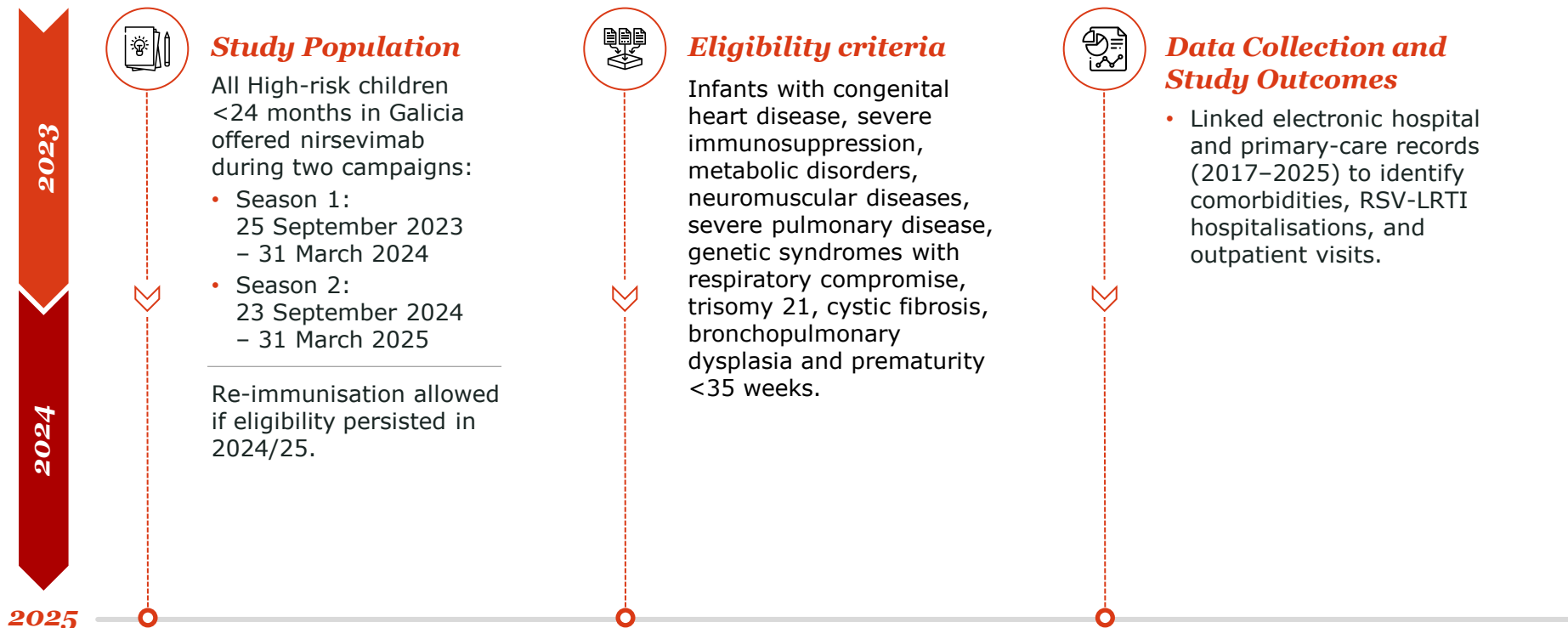
Objective: To evaluate the burden and temporal trends of RSV-LRTI hospitalisations among high-risk infants across two consecutive seasons of universal prophylaxis.

CI, confidence interval; LRTI, lower respiratory tract infection; PICU, Pediatric intensive care unit; RSV, respiratory syncytial virus

References: 1. Martín-Torres F et al (NIRSE-GAL study). Euro Surveill 2023 Dec;28(49):2300606 2. Ares S et al (NIRSE-GAL study). Lancet Inf Dis 2024, Aug;24(8):817-828 3. Mallah N et al (NIRSE-GAL study). Lancet Inf Dis 2025 Feb;25(2):e62-e63.4. Dallagiocoma G, et al.. Lancet Reg Health Eur. 2025 Sep 9;58:101447.



Study Design



Results

2017-2025



N = 1,097

*High-risk children
hospitalized for LRTI*



N=570

*52% Infants with
at least one
RSV-related admissions*



***Median age
at admission***
6.05 months
(IQR 2.30–12.61)

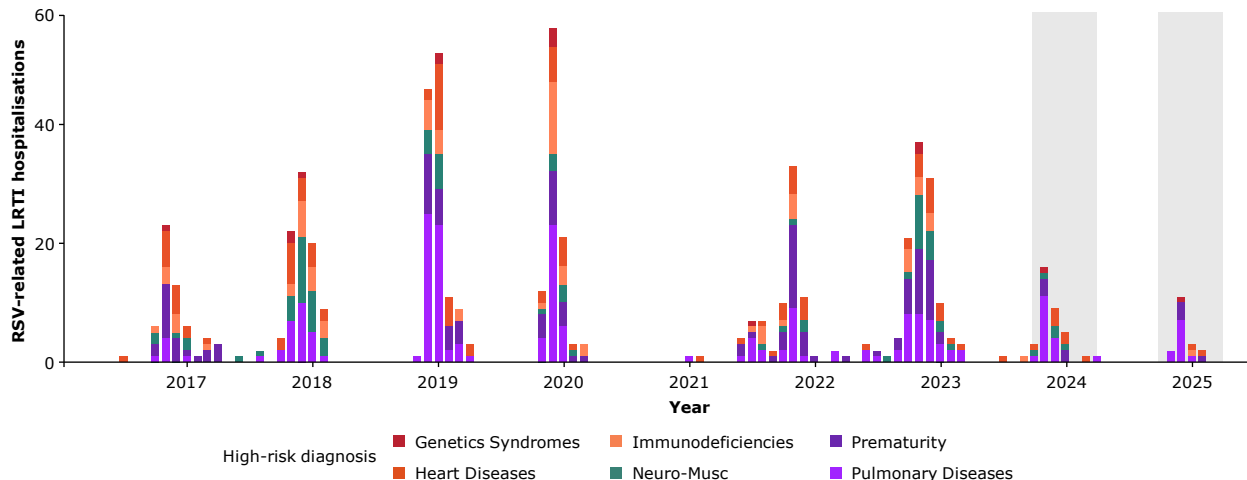


***Median length
of stay***
5 days
(IQR 4–7)

Results

RSV-related lower respiratory tract infection hospitalisations among infants <24 months at high-risk of severe RSV infection by comorbidity category, 2017–2025

Figure 1: Stacked area chart showing annual RSV-LRTI hospitalisations stratified by six comorbidity categories (genetic syndromes, immunodeficiencies, prematurity, congenital heart disease, neuromuscular disorders, and chronic pulmonary disease). Data span the pre-implementation period (2017–2022), universal nirsevimab prophylaxis introduction (September 2023), and two consecutive seasons of implementation (2023/24 and 2024/25).



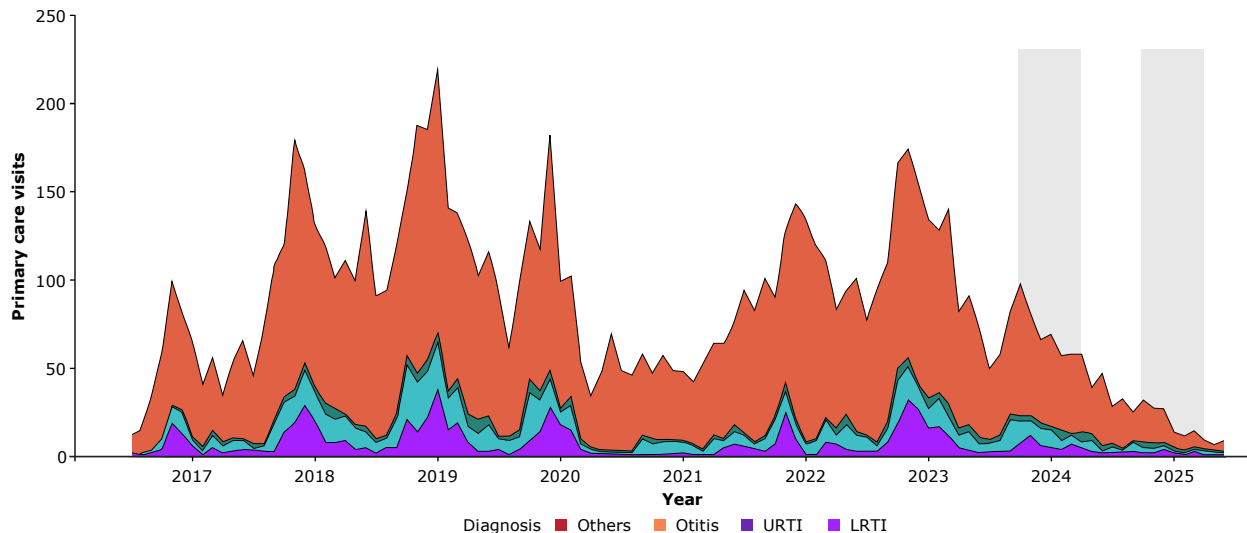
- Chronic pulmonary disease (n=194) and prematurity (n=157) were the most frequent comorbidities (Figure 1)
- Across non-pandemic pre-implementation seasons, RSV-LRTI admission rates ranged from 35.53 to 58.94 per 1,000 (median 49.26/1,000)
- Following nirsevimab implementation, observed rates declined to 29.57/1,000 in 2023/24 and 17.89/1,000 in 2024/25



Results

Primary Care visits by diagnosis among high-risk children with RSV-LRTI hospitalization (2017–2025)

Figure 2: Temporal trends in primary care utilization stratified by diagnosis category (general diagnoses, otitis media, upper respiratory tract infections [URTI], lower respiratory tract infections [LRTI], and other conditions)



LRTI-related outpatient visits among children with at least one RSV-LRTI hospitalization declined (Figure 2) post-nirsevimab introduction (2023–2024 and 2024–2025)

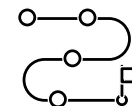


Conclusions



- RSV accounts for approximately half of LRTI hospitalisations among high-risk infants in this population
- Descriptive data across two consecutive seasons of universal nirsevimab prophylaxis show a consistent reduction in RSV-LRTI hospitalisation rates and related primary care visits

Descriptive real-world data across two consecutive seasons supports universal nirsevimab prophylaxis including high-risk infant populations



Future Direction

Formal effectiveness analyses are ongoing to quantify impact beyond inter-seasonal variability

Slides QR



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Link:

<https://www.nirsegal.es/en>

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